



Upper Darby High School

FALL 2024

# COUNSELOR NEWS



MORE INFORMATION AT [WWW.UPPERDARBYSCHOOLSD.ORG](http://WWW.UPPERDARBYSCHOOLSD.ORG)





# COUNSELOR NEWS

## IMPORTANT REMINDERS

- 10/18 UDHS PEP RALLY @ 1:20PM
- 10/29 COLLEGE & CAREER NIGHT @ 6:00PM
- 11/19 UDSD COLLEGE SWEATSHIRT DAY
- 11/25 HOMECOMING @ 7:00PM PAC
- 11/28 FOOTBALL @ 10:00 AM STADIUM

- END OF MP 1: NOV 1  
MP 2: JAN 17



- MP1 & MP2 = 1ST SEMESTER

- SEMESTER CLASSES HAVE TWO MARKING PERIODS & FINAL EXAM TO EARN A PASSING GRADE.

### FIND ON HOME ACCESS CENTER

- PROGRESS REPORTS ARE VIEWABLE ON 9/11, 10/9, 10/30, 11/20, 12/11 & 1/8

- REPORT CARDS ARE VIEWABLE ON 11/13 & 1/22

[UDSD Family  
& Student  
Handbook  
2024-25](#)

#### Grading System

A+ = 97 to 100	C+ = 77 to 79
A = 94 to 96	C = 74 to 76
A- = 90 to 93	C- = 70 to 73
B+ = 87 to 89	D+ = 67 to 69
B = 83 to 86	D = 64 to 66
B- = 80 to 82	D- = 60 to 63
	F < 60

## UPCOMING DATES

10/9 Late Opening (non-testers) @ 11:00am

10/9 PSAT Testers 10th & 11th - arrival @7:30am-10:55am

11:20 am Dismissal: 11/27

1:00pm Dismissal: 10/16, 11/20 & 12/18

#### NO SCHOOL:

Indigenous Peoples Day - 10/14

Teacher PD - 11/5

Thanksgiving - 11/28-29





# CENTER NEWS

## 9TH GRADE

### Welcome to High School

Mr. Krauth, Mrs. Sullenberger and Mrs. Elias have been going around to the FLEX classes to welcome students, encourage their involvement in extracurriculars, and answer any questions that the students have.

Now is the time to build a strong GPA (grade point average)! All classes are important and students need to pass them to be promoted to 10th grade!



**STRIVE FOR HONOR ROLL  
EACH MARKING PERIOD**

**Here are some tasks that students can do to improve their grades:**

Attend Office Hours (M, T, Th, F) with the teachers.  
Complete all assignments including the ASYNCHRONOUS ones.  
Seek out peer tutoring with our honor society students.  
Students can talk to their teachers before or after class.  
Review class notes daily.  
Study for tests and quizzes.

**MORE INFORMATION AT [WWW.UPPERDARBYSCHOOL.ORG](http://WWW.UPPERDARBYSCHOOL.ORG)**





# CENTER NEWS

## 10TH GRADE

THE FOCUS OF 10TH GRADE AT UDHS IS SELF-DISCOVERY AS WELL AS THE EXPLORATION OF HIGH SCHOOL AND POST SECONDARY PATHWAYS. NOW THAT MOST STUDENTS IN THE CLASS OF 2027 HAVE A HANDLE ON THE BASIC WORKINGS OF UDHS, IT IS TIME FOR THEM TO LEARN ABOUT HIGH SCHOOL PATHWAYS THAT SUPPORT THEIR INTERESTS AND LIFE GOALS.

CLICK ME



TO DO LIST

GIVEN THAT WE ARE SUCH A LARGE HIGH SCHOOL COMMUNITY, THE COUNSELING TEAM HAS BEEN WORKING TO REMIND STUDENTS OF ROUTINES THAT PROMOTE ACADEMIC SUCCESS INCLUDING THE IMPORTANCE OF CHECKING EMAIL AND SCHOOLGY DAILY AND REVIEWING HOME ACCESS CENTER (HAC).



IN ADDITION TO ACADEMICS, THE COUNSELING TEAM WANTS STUDENTS IN OUR CLASS TO SHOW THEIR SCHOOL SPIRIT BY WEARING PURPLE & GOLD, PARTICIPATING IN SCHOOL CLUBS OR ATHLETICS, AND PARTICIPATING IN EVENTS AT UDHS. IF YOU ARE INTERESTED IN PURCHASING SPIRITWEAR, VISIT THE LINK ON UDSD'S WEBSITE HERE.



### PSAT

Sophomores will take the PSAT on October 8th!





# CENTER NEWS

## 11TH GRADE

01

### College Visits & Parents Chats!

#### For Students:

Colleges visit UDHS in-person and virtually many days. Students should log into Naviance to see the universities that are visiting and to sign up! See the email that was sent on 9.20.2024 for more information!

#### For Parents:

The Class of 2026 counselors are hosting sessions where parents can join us to ask questions regarding post high school pathways. Please check your email for invites, dates, and more information!!

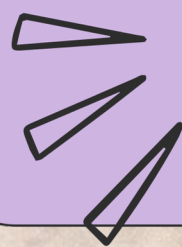
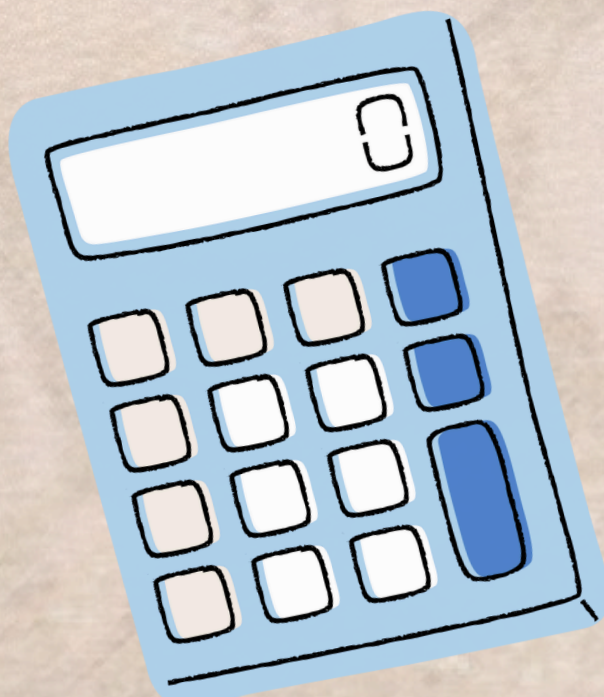


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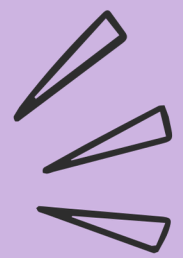
### Junior Year Checklist

The College Board has [a checklist of what to do this year](#) so you are on track to apply to college next year.

You can even be entered to win a college scholarship by tracking your progress on your College Board account! [Click here to see how that works.](#)



## Junior Center Updates



02

### PSAT/SAT

Juniors will take PSAT on October 9!

Juniors interested in attending college after graduation should start preparing now by taking the PSAT and then completing test prep for the spring SAT exam.

**March 8** (registration deadline 2/21)

**May 3** (registration deadline 4/18)

**June 7** (registration deadline 5/22)

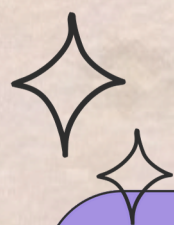


04

### Scholarships

College-bound Juniors can and should be starting their scholarship search this year! You can search and apply for scholarships now through Senior year!

Check out our [scholarship resource](#) for websites and [tips](#) on the scholarship search!



We are excited for junior year!



Ms. Morris, Ms. Dougherty, Ms. VanderMeulen





# CENTER NEWS

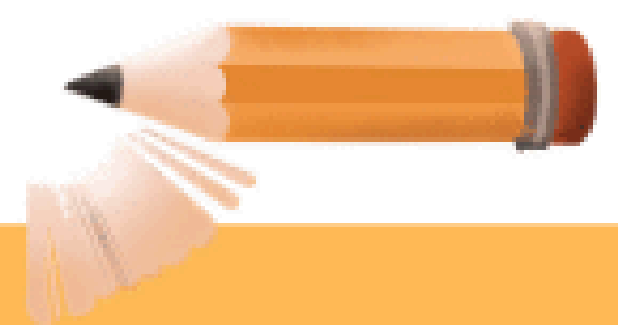
## 12TH GRADE CENTER

We are in full swing with helping students prepare for college! Follow this checklist to make sure you are hitting all of your checklist items.

Schedule **individual meetings** with your counselor if you are unsure of your post-secondary plans and need help figuring it out.

Sign up for **small group sessions** if you KNOW you are going to college and just need help with the Naviance/Common App Process:  
[LINK](#)

### COLLEGE APPLICATION CHECKLIST



Have you checked everything?

1

Get release signed- by yourself if over 18 or a parent/guardian if under 18. Located in center. Return to Mrs. Cooley. You will not be able to proceed further without this step.

2

In Naviance-make sure Colleges are added to "Colleges I am applying to" list- IMPORTANT- make sure you select how you are applying and also due dates.

3

If using Common App- Match Account ( link)

- waive FERPA, enter email, match account. If you need/used a fee waiver, you can indicate that on Common App and we will be able to verify this on our end of the application.

4

If recommendations are needed ( see each college for info)- go to "Letters of Recommendation" ( under Colleges tab)- select teacher, college,etc, Make sure you complete brag sheet ( under surveys) to help teachers write letters.

5

To request transcript- go under "College I am Applying to"- click + sign and manage transcripts, Follow prompts.

6

Keep checking your email for any missing items needed and communications from colleges. Let us know how things work out!



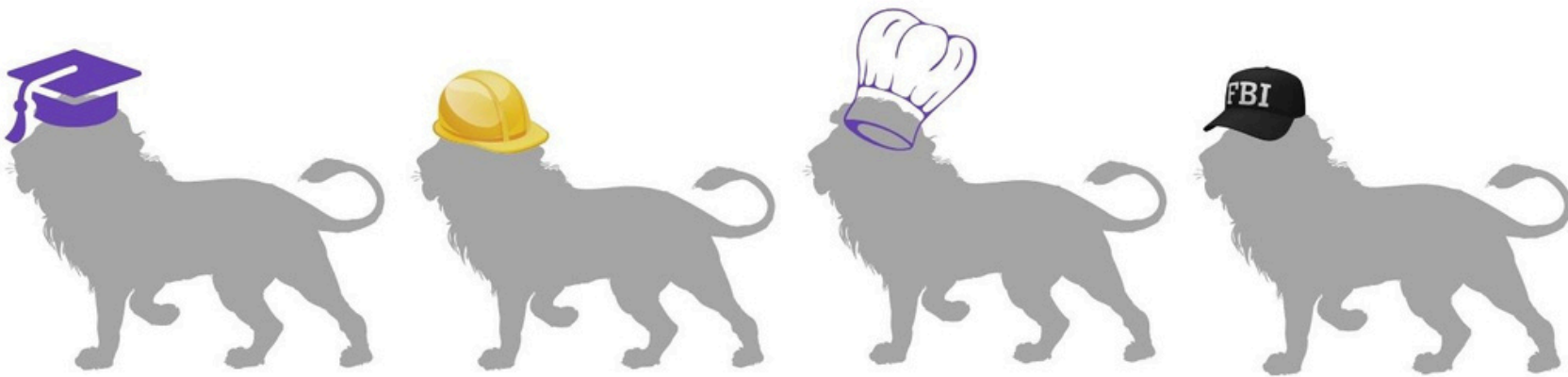




# COUNSELOR NEWS

## UPPER DARBY HIGH SCHOOL COLLEGE & CAREER CENTER

Room 255, Open 9:25- 3:00pm



## UDHS Counseling Department

Contact Information

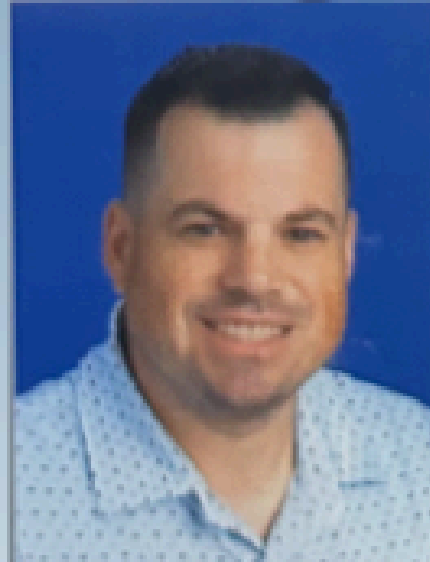


[Click here](#)

## UDHS College & Career Center Staff



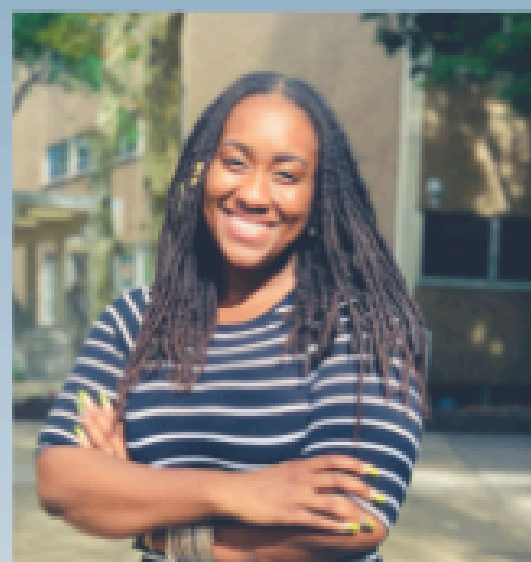
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**Emily Catlett**  
[ecatlett@upperdarbysd.org](mailto:ecatlett@upperdarbysd.org)

**COME SEE US TO TALK ABOUT PLANNING YOUR FUTURE.**

**Location:** Room 255, **Hours:** In-Person: 9:30 AM to 3:00 PM, Virtual: 7:30 AM to 9:30 AM